**What are after pandemic effects on kids’ psychology and how kid comes out**

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In March 2020 when the lockdown was started reason we all know covid-19 ..suddenly everything was stopped or locked that situation was unbelievable and unexpected for each and every one.

That pandemic situation affected all age peoples, but most affected kids psychology.

Yes, kids were most affected because kids were so young to understand that unexpected sudden change in their life..no outing, no schooling, no get together locked in their own houses and as a mom, I feel every bit of change in my son too,

My son loves outing and interact with peoples but suddenly stopped everything effects on their mind ….after 9months of the pandemic situation in December 2020 when we visited mall (not so crowdy mall ) with a mask, sanitizer and full precautions … I was really amazed to saw my son behaviour ..he was behaved completely different like he came out first time from their house ..he was so nervous, silent, no masti, no running even he was holding my finger all the time and every time he asked me Mumma can we go back home, please.

The outing was his all-time favourite part but that time he wants to go back home like he doesn’t want to face the world …he is too young to understand this situation but as a mom, it was heart-breaking for me.

That time I only wanted to build confidence in my son again when I shared my experience through my blog I got so many messages and comments most the moms said they are also facing the same situation with their kids and their situations are really worst, some kids are crying because they don’t want to go out …this is very worrying situations for every parent because its completely effect on our kid’s growth development and for their bright future.

After that day I started visiting my son for outings like not so crowdy places alternate days and their favourite places like for long drive and listening to music in the car is his favourite one, not so crowdy restaurants or for long walks and the great news is I can see the difference in my son slowly again he gaining her confidence back

And as a parent, its really necessary for kids development that we again teach them or build confidence in our kids for facing world confidentially for their own brighter future so parents slowly visit with your kids to their favourite places and we parents have to understand what is the right path for our kids.