# **5 tips get to success in life as a student**

**Source: Amit Singh Chandel, Entrepreneur & Digital Matketer**

**1. Understand What Time Management Really Means:**

Sometimes, students assume there’s some magical trick or shortcut to time management. Time management means being aware and taking action. Be aware of the things that waste time and reduce them. You don’t have to stop them, just reduce them. Take action to replace time-wasters with active and responsible study habits

**2. Eliminate Those Time-Wasters:**

There’s a fine line between helpful unwinding between periods of intensive studying and wasting precious hours and attention in ways that are not recharging your batteries. Pay attention to how much time you’re spending on social media, on video games, bingeing on shows, or whatever your guilty pleasures might be. Staying connected to friends is vital, but make it quality time that leaves you clear-headed and rested.

**3. Appreciate the Importance of Sleep:**

We all joke around a lot about the poor sleep habits of teens. But the reality is that you have to find a way to get enough sleep. Lack of sleep leads to poor concentration, and poor concentration leads to bad grades. You’re the one who pays the price if you don’t sleep enough. Force yourself to turn off the gadgets and go to bed early enough to get a good night’s sleep.

**4. Do Things for Yourself**

Are you the child of a helicopter parent? If so, your parent is not doing you any favors by protecting you from failures. Helicopter parents are those who monitor every bit of a child’s life, from waking them in the morning to monitoring homework and test days, to hiring professionals to help with college preparations. Such parents are setting students up for failure in college. Learn to do things for yourself and ask your parents to give you space to succeed or fail on your own.

**5. Find Tools That Work for You:**

There are many time management tools and tactics, but you’ll find that you are more likely to stick with a few. Different people find different methods that work for them. Use a big wall calendar, use color-coded supplies, use a planner, or find your own methods of managing your time.